# A Robust Approach for Continuous Interactive Reinforcement Learning

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## ABSTRACT

Interactive reinforcement learning is an approach in which an external trainer helps an agent to learn through advice. A trainer is useful in large or continuous scenarios; however, when the characteristics of the environment change over time, it can affect the learning. Robust reinforcement learning is a reliable approach that allows an agent to learn a task, regardless of disturbances in the environment. In this work, we present an approach that addresses interactive reinforcement learning problems in a dynamic environment with continuous states and actions. Our results show that the proposed approach allows an agent to complete the cart-pole balancing task satisfactorily in a dynamic, continuous action-state domain.

# **CCS CONCEPTS**

• **Computing methodologies** → **Reinforcement learning**; *Temporal difference learning*.

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# **1** INTRODUCTION

Reinforcement learning (RL) is an approach that tries to solve the problem of an agent interacting with the environment to learn the

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desired task autonomously. The agent learns from its own experience, taking actions, and discovering which ones produce the greatest reward [17]. However, in many RL implementations, the space of states and actions is usually considered a discrete domain [6, 17, 19] or a discrete representation [1, 3, 7, 15]. Discretization prevents the agent from identifying which regions of space are more important than others. Moreover, in this process, information is lost, and it is difficult to learn from past experiences [8, 20]. In large domains, the agent spends a lot of time finding an optimal policy, being impractical in real-world applications [3]. Interactive Reinforcement Learning (IRL) is an approach that allows an external trainer advises the RL agent to improve its performance [3]. Additionally, RL agents usually work in environments which are not controlled, i.e., it is not guaranteed that the environment is kept in constant condition, avoiding some external noise input. Therefore, it is essential to develop robust algorithms that help the agent to learn faster an optimal policy, and to overcome uncontrollable disturbances in large domains.

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## 2 INTERACTIVE AND DYNAMIC APPROACH

In several occasions, letting an agent learn a task by itself involves problems from exploration and weak tendency that avoid finding the optimal policy [9]. IRL considers a knowledgeable trainer, which gives advice or guidance to the RL agent, having an effect of restricting the action selection to those related to the target object [16].

In an IRL scenario, it is desired the interaction between the external trainer and the agent be as minimal as possible. The guidance can be obtained from either an expert or non-expert trainer, artificial agents with perfect knowledge of the task; or, previously trained agent [4, 5]. There are two approaches to receiving advice from an external trainer, reward-shaping [12, 16, 19], where external trainer provides additional reward, and policy-shaping, where an external trainer modifies the action just selected by the agent [7, 13].

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During the learning, the agent performs an action that stimulates the environment in some way. If the environment is governed by a parametric system, the action acts as an input that modifies the output values, but not the model of the system. Thus, there could be parameters in the system that change concerning time; such parameters can be independent of actions and states [14]. In this sense, some features of the system change independently of agent control. Consequently, an RL agent can receive different amounts of reward for the same action, during the process to gather knowledge.

Morimoto and Doya [11] present the Robust Reinforcement Learning (RRL) an approach that introduces a disturber who provides disturbance to the environment. To resist a disturbance input, it considers an additional reward that modifies the main reward of the environment.

# **3 OUR APPROACH: INTERACTIVE ROBUST REINFORCEMENT LEARNING**

In order to include advice during learning when the agent interacts with a dynamic environment, we combine the IRL and RRL approaches to propose Interactive Robust Reinforcement Learning (IRRL), an approach that involves advice for the agent to learn a task from an environment that has dynamic features.

For IRL in continuous scenarios, we use the approach presented in Millán et al. [10]. The main idea is to include external advice as a probability function in the policy  $\pi(u|x, J)$ , that denotes the probability density for taking action u in the state x when the trainer provides an advice J. Furthermore, as in some steps the trainer may not provide feedback, the likelihood of receiving feedback has probability 0 < L < 1 [7].

To address the robust approach, we include policy-gradients [18] in the Actor-Disturber-Critic (ADC) algorithm proposed by Morimoto and Doya [11]. The main idea is to consider an objective function for agent policy  $\pi$ , and the disturber  $\kappa$ . In the disturber, the cost function  $\Gamma(\kappa)$  evaluates the performance of the distribution in generating disturbances that have a more significant impact on the states, and in the selection of the next action. We consider that the disturber is a probability density function  $\kappa_{\omega}(x)$  parameterized by the weight vector  $\omega \in \mathbb{R}^{Nd}$ . The parameter  $\omega$  is adjusted in the direction of the gradient  $\nabla_{\omega}\Gamma(\kappa)$  to generate the highest possible disturbance:

$$\omega_{t+1} - \omega_t \approx \alpha_{\omega} \nabla_{\omega} \Gamma(\kappa),$$

where  $\alpha_{\omega}$  is a learning rate of the disturber. In order to resist the disturbance, we consider the additional reward  $w(\omega_t)$  of the form:

$$w(\omega_t) \leftarrow \eta^2 \omega_t^{\dagger} \omega_t$$

where  $\dagger$  is the transpose of a vector and  $\eta$  is a parameter of robustness [11].

## 4 EXPERIMENTAL RESULTS

To evaluate the performance of our methodology, we apply it to the *cart-pole balancing task* [2]. In our experiments, 20 agents are trained with 3000 episodes, we also investigate the learning behavior for different values of the probability of likelihood *L*. The RL parameters are set with values  $\gamma = 0.9$ ,  $\sigma_x = 1$ ,  $\sigma_j = 1$ ,  $\alpha_{\theta} = 0.0001$ ,  $\alpha_v = 0.0001$ ,  $\alpha_{\omega} = 0.0001$ , and  $\eta = 0.45$ . The friction of the cart on track is the disturbance, setting in [0.0005, 1]. To provide advice,



Figure 1: Average steps (a) and average reward (b) over 20 runs using IRRL with different probability of likelihood L.

we use an oracle, a function that advises pushing the cart to the right or the left, whit values 1 and -1, respectively. In this sense, the advice favors the non-negative actions if advising to the right or non-positive actions if advising to the left. Fig. 1(a) represents the average steps taken by the agent to keep the pole balanced. We observe a better performance of the agents receiving advice compared to the autonomous RRL agent. In the first episodes, agents receiving a lot of advice may take longer episodes to improve their performance; however, after 1000 episodes, the average number of steps is higher than 300. With a probability of interaction L = 0.7, learning begins with a low performance; however, its performance improves at the same time than other probability of likelihood values L. Fig. 1(b) shows the average reward collected during learning. After 1500 episodes, all the agents converge to a reward close to 1.

## **5 CONCLUSION AND FUTURE WORKS**

We presents an approach to implement the so-called IRRL, a combination of IRL and RRL in scenarios where states and actions are continuous in dynamic environments. In terms of average steps, our approach performs better than the autonomous RRL. However, the performance of the IRRL agent with probability L = 0.5 is close to that of the autonomous RRL agents. In terms of reward, we note that a cumulative reward of 1 is achieved for any probability L; however, values such as L = 0.7 have greater difficulty in the first learning episodes. This behavior is influenced by uninformative guidance, although the advice is correct concerning the space of actions that provide less information. Receiving much advice of this nature may not help in learning, even more, when the state is disturbed externally.

As future work, we intend to implement our approach in problems with larges domains, as well as other additional architectures, such as deep learning-based methods to carry out more complex tasks.

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